

## Free Poison Prevention Materials and Educational Programs

**Materials:** Emergency phone stickers and other poison prevention materials are available for free in limited quantities from the Florida Poison Information Center that serves your area.

**Programs:** The Florida Poison Information Centers offer poison prevention programs for school, civic and professional groups. Specialized presentations for health care professionals are also offered. Contact the education coordinator well in advance to schedule a presentation/program for your organization.

**Florida Poison Information Centers**  
*Non Emergency/Administrative Phone Lines*

**Florida Poison  
Information Center/Miami**  
at University of Miami Miller School  
of Medicine/Jackson Health Systems  
1611 NW 12th Avenue  
Institute Annex Building 3rd Floor  
Miami, FL 33136  
(305) 585-5250

**Florida Poison  
Information Center/Jacksonville**  
at Shands Jacksonville Medical Center  
655 W. Eighth Street  
Jacksonville, FL 32209  
(904) 244-4465

**Florida Poison  
Information Center/Tampa**  
at Tampa General Hospital  
P.O. Box 1289  
Tampa, FL 33601  
(813) 844-7044

## Emergency Action

Refer to these tips for emergency action:



**Inhaled Poison** Move the person into fresh air. Avoid breathing fumes. Open doors and windows wide. Call 1-800-222-1222 for further instructions.



**Poison on the Skin** Flood skin with water for 10 minutes. Wash gently with soap, water, and rinse. Call 1-800-222-1222 for further instructions.



**Poison in the Eye** Flood eye with lukewarm water poured from a large glass 2 or 3 inches from the eye. Repeat for 15 minutes. Call 1-800-222-1222 for further instructions.



**Swallowed Poison** Do not give anything by mouth before calling the Florida Poison Information Center Network. Note that Syrup of Ipecac should NEVER be used without the advice of the poison information center or your physician. In certain cases, it may even make the situation worse. Call 1-800-222-1222 for further instructions.

**If the situation appears to be  
life-threatening, call 911.**

Do NOT follow emergency instructions on product labels. Some may be out-of-date, and/or list incorrect treatment information.

Call the  
**FLORIDA POISON  
INFORMATION CENTER NETWORK**  
for assistance  
**1-800-222-1222 V/TTY**

## The Florida Poison Information Center Network

In 1989, the Florida Legislature created a three-center Florida Poison Information Center Network. Floridians can now access the Miami, Jacksonville, and Tampa Poison Centers by using a single, nationwide "800" number. Emergency calls are answered by registered nurses, pharmacists and physicians who have received special training and are nationally certified specialists in poison information. These specialists are backed up by a team of toxicologists who are available 24 hours/7 days.

The Florida Poison Information Center Network is funded by the State of Florida, Department of Health/Children's Medical Services. The Florida Poison Information Center Network serves families and health professionals throughout Florida.

### Our Mission:

To provide exceptional patient care services while minimizing overall health care costs relating to poison exposures through epidemiologic surveillance, preventive educational programs, and consultative services to the community and health care professional.



florida's poison centers  
**Children's Medical Services**



## Is Your Home

# Poison- Proof?



A Poison Prevention and First Aid Guide  
from the

**FLORIDA POISON  
INFORMATION CENTER NETWORK**

**M**ore than 500 times each day, our poison information specialists (nurses, pharmacists or physicians) answer calls for help on our “800” emergency/information hotline. The calls come from families like yours — *The parent of the toddler who swallowed potent medications or cleaners; the older adult who confused his/her prescriptions; or the homeowner who splashed pesticide in his/her eyes.*

Since virtually anyone can be a victim of accidental poisoning, here are four important steps that you can take to prevent or treat poisonings:

(1)

**A call to 1-800-222-1222 from anywhere in the U.S. is free, fast and confidential.**

This 1-800-222-1222 number is a toll-free and confidential call from anywhere in the U.S. It may help you save a life. More than likely, this call will save you an unnecessary (and costly) trip to the emergency room.

(2)

**Use this guide to “Poison Proof” your home.**

During this next week, take 30 minutes to conduct a “poison patrol” through your home and yard.

(3)

**Pass this information on to family and friends.**

(4)

**Contact the Poison Center for additional poison prevention materials for use in and around your home.**

## Poison Patrol Checklist

Use this checklist, along with the list of household poisons, to conduct your “investigation.” Check them off when you can answer “yes” to every room in the house.

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Are all potentially harmful products stored behind locked cabinet doors, out of reach and sight of small children?</li> <li><input type="checkbox"/> Are all harmful products stored away from food?</li> <li><input type="checkbox"/> Are all products stored in their original containers?</li> <li><input type="checkbox"/> Are you sure that there are no flaking paint chips on window sills, woodwork, crib and playpen?</li> <li><input type="checkbox"/> Do you have the telephone number of the Poison Information Center posted near your telephone with other emergency numbers?</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Do you keep all cosmetics, perfumes, and colognes well out of reach?</li> <li><input type="checkbox"/> Have you thrown out all out-of-date prescriptions?</li> <li><input type="checkbox"/> Have you identified all of the plants in and around your home so that you (and your children) know which are potentially toxic?</li> <li><input type="checkbox"/> Do your vitamins, aspirins, and medications have child-resistant caps?</li> <li><input type="checkbox"/> Are you aware of the stinging insects and animals around your property? Are you aware of any allergies that a family member may have to bites and stings?</li> </ul> |
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### A Few More Tips...

- Are all potentially harmful products stored in locked cabinets out of sight and reach of small children?
- Never call medicines “candy”. To small children, many medicines look like candy.
- Teach children to ask first before putting anything in their mouths.
- Keep cigarettes and alcohol out of the reach of children.
- Don’t mix household cleaners and be especially mindful of distractions while using these products. Many children will grab cleaners and paint thinners that are left open, when an adult goes to answer the phone or the door.
- Develop a system or communication plan to eliminate mistakes when taking or giving medications. If arthritis prevents you from using child-resistant caps, please make sure to keep all medicines out of reach and sight of small children. Remember that child-resistant caps are not CHILD-PROOF.

## Attics, closets, storage spaces:

Rat poison & ant poison  
Moth balls & sprays

### General:

Flaking paint  
Plants  
Repainted toys

### Purse:

Pain Relievers  
All medications  
Cosmetics

### Bathroom:

Aspirin	Boric acid
Drain cleaners, lye	All medications
Hair care products	Iron tablets
Nail polish & remover	Hand lotions
Deodorants	Creams
Hair remover	Room deodorizers
Rubbing alcohol	Suntan lotions
	Toilet bowl cleaners
	Pine oil & bath oil

### Kitchen:

Aspirin	Powder & liquid detergents
Furniture polish	Ammonia
Cleansers & scouring powders	All medications
Oven cleaners	Carpet & upholstery cleaners
Rust removers	
Metal cleaners	
Drain cleaners	

### Bedroom:

Sleeping pills  
Cosmetics  
Jewelry cleaners  
Perfumes

## Garage, basement, workshop:

Bug killers	Gasoline
Lighter fluids	Turpentine
Paints	Paint removers & thinners
Anti-freeze	Fertilizers
Weed killers	
Lime	