**Q&A** 

#### Q: When I call poison control, who answers?

A: Doctors, nurses and pharmacists specially trained in toxicology.

## Q: If I call poison control, is my information kept private?

A: Yes. Your call is fully confidential.

## Q: Will I get a bill for my call?

A: No. Our services are free to the public. Poison control services are sponsored by the Florida Department of Health, Children's Medical Services.

### Q: What if I need help on the weekend?

A: The poison control center is available 24 hours a day, 7 days a week.

#### Q: What if I travel out of Florida?

A: Calls to 1-800-222-1222 go to the poison control center that serves your phone's area code. There are more than 50 poison centers nationwide.

## Q: Does poison control come to my house and help with a poisoning or a snake in my vard?

**A:** No. We assist callers over the phone.

## **First Aid**

If someone is having trouble breathing, has chest pain or has fainted, call 911 immediately. For other poisonings, call 1-800-222-1222 for instructions.



### **Inhaled Poisons/Gases**

Move person to fresh air. Avoid contact with fumes. Call poison control for instructions. Do not mix chemicals or cleaners. Never operate a generator indoors or near an open window to avoid carbon monoxide. Keep cars exhaust systems in good repair.



### **Poison on the Skin**

Use gloves when applying pesticide or using chemicals. Rinse the skin with water for 10 minutes and wash with gentle soap in case of contact. Call the poison control center for help.



## **Poison in the Eve**

Wear safety glasses when spraying pesticides or cleaners. If there is contact, gently rinse the eye with lukewarm water for 15 minutes. Call poison control for further instructions.



## **Swallowed Poison**

In case of poisoning, do not take anything by mouth before calling poison control. It can make things worse.

## **Take Action**

Use this guide to make your home safe. Share the information you learn with your friends and family. It may help you save a life!



**MEDICINES** 



**PLANTS** 



**HOUSEHOLD PRODUCTS** & PESTICIDES



SPIDERS & SNAKES

## DON'T TAKE A CHANCE. CALL



When the problem is poison, the answer is poison control.

florida's poison centers

**Children's Medical Services** 









 $\square$  ore than 500 times a day, Florida Poison Information Center nurses, doctors and pharmacists answer calls for help on our 24 hour emergency and information hotline.

The calls come from families like yours:

- a parent of a toddler who swallowed potent medicine or cleaner
- the older adult who confused his prescriptions
- the homeowner who splashed pesticide in her eyes

Nationally between 70-80% of all callers to the poison control hot line can be safely and effectively treated at home.

Poison control centers save Floridians millions of dollars every year by preventing unnecessary trips to hospital emergency rooms.

# **Steps to Poison Safety**

- ☐ Display the poison control hotline **1-800-222-1222** with other emergency numbers near your phone or program it on your cell phone. Make sure babysitters and grandparents also have the number handy.
- ☐ Remove all poisons from children's reach (see list at right).
- ☐ Safely dispose of medicines that are old or no longer needed.
- ☐ Create a secure area for poisons. This can be a high cabinet or a locked box in the garage.

- ☐ Keep products in their original containers.
- ☐ Locate and repair areas of flaking paint where children play.
- ☐ Never call medicine "candy". Teaching poison safety begins early!
- ☐ Find out the names of plants in your house and yard. Keep houseplants out of reach of small children and pets.

## **A Few More Tips...**

Teach children to always ask first. If they ask before trying something new, a parent gets the chance to say no.

■ Most poison deaths in the U.S. are a result of medication misuse. Call your poison control center for any medication mistake.

## **Poisons in the Home**

## General:

#### Flaking paint

## Plants

- Pain relievers
- Cosmetics

- Repainted toys

## Purse:

- All medications

## **Bathroom:**

- Aspirin
- Drain cleaners, Ive All medications

Hair remover

Rubbing alcohol

- Hair care products Iron tablets
- Hand lotions Nail polish
- Creams & remover
- Room deodorizers Deodorants
  - Suntan lotions

Boric acid

- Toilet bowl cleaners
- Pine oil & bath oil

#### Aspirin

- Furniture polish
- Cleansers &
- Oven cleaners
- Drain cleaners

- Ammonia
- scouring powders All medications
- Metal cleaners

- Powder & liquid

- Rust removers

- detergents
- Carpet & upholstery
- cleaners
- Alcoholic drinks

Sleeping pills

**Bedroom:** 

- Cosmetics
- Jewelry cleaners
- Perfumes
- Cigarettes & tobacco products
- Moth balls & sprays

## **Garage, basement, workshop:**

- Bug killers
- Lighter fluids
- Paints
- Anti-freeze
- Weed killers
- Lime

- Gasoline
- Turpentine
- Paint removers & thinners
- Fertilizers
- Rat poison